



Sailing Program Information 2009 - 2010

Introduction

The Sailability Victoria and Special Olympics Victoria Sailing Program has been established to provide a skill development pathway and competitive sailing experiences for Special Olympics Athletes.

From among the sailors participating in the program, invitations will be issued to identified sailors to join a Squad to train for the Special Olympics National Games. Not all members of the Squad will be selected to represent Victoria at the National Games Regatta being held in Adelaide during April 2010, but all will be involved in an intensive training program (all the green and yellow highlighted events).

Sailors not chosen for the Squad still have plenty of training and racing opportunities on offer throughout the summer (all the green highlighted events).

For those people not interested in racing, there are 20 Sailability programs located around Victoria where you can enjoy recreational sailing. Visit the Sailability website: www.sailability.org/au/vic for locations.

Levels of Competition

Training and racing for four (4) levels of sailors from the Special Olympic Summer Games Sailing Rules may be available depending upon demand:

- Level 1 Unified Sports - the Special Olympic athlete member of the crew has responsibility for headsail trim. Sailed in the Access 303.
- Level 2 Unified Sports - the Special Olympics athlete member of the crew shall helm for 100% of the race and pre-start manoeuvres. Sailed in the Access 303.
- Level 4 All Special Olympics athlete team of two sailors, with NO onboard coach. Sailed in the Access 303.
- Level 5 Special Olympic athlete competes single-handed. Sailed in the Access 2.3.

Unified Sailors & Coaches

- Unified sailors and coaches must be registered SOV Volunteers
- Unified sailors co-sail the boat with the SO sailors in levels 1 & 2
- Unified sailors can be family or friends or sailors from a yacht club or Sailability program
- Training for unified sailors will be provided on the training days leading up to the selection regatta, and on later training days upon request

Selection Regatta – August 22 & 23

- To be held at Albert Park Lake on August 22 & 23 from 9.30am – 4.00pm each day
- Results from this event will assist SOV to identify a Squad to prepare for the 2010 Special Olympics National Games
- Special Olympics competitors must be registered SO Athletes (contact SOV for enquiries), affiliated with Yachting Australia (2008-09 membership is available through Docklands Yacht Club at registration for \$5), and pay the regatta entry fee of \$20

- Unified Sailors and Onboard Coaches must be affiliated with Yachting Australia (2008-09 membership is available through Docklands Yacht Club at registration for \$5)
- Boats will be provided for those sailors / teams that request them on the entry form and lodge their entry by the due date

SOV Sailing Squad

- SOV has been allocated 6 athlete places for the 2010 Special Olympics National Games in Adelaide. This number includes unified sailors
- It is anticipated that 6 SO sailors will be invited to participate in Squad activities. Not all Squad members will be selected to represent Victoria at the 2010 Special Olympics National Games
- If accepting an invitation to join the Squad, SO sailors, unified sailors and on-board coaches (if applicable) will be expected to:
 - Make a commitment to training for, and attending, the 2010 Special Olympics National Games in Adelaide
 - Agree to meet the cost of uniforms, travel, meals & accommodation as advised by SOV for the 2010 Special Olympics National Games if selected to attend. This is anticipated to be in the region of \$1800-\$2000 per athlete
 - Attend the uniform fitting day at Mordialloc on October 11
 - Attend at minimum of 4 open training sessions (highlighted in green)
 - Attend at minimum of 8 squad training sessions (highlighted in yellow)
 - Attend the Access Class Australian Championships at Brighton on January 7-10
 - Possibly attend the NSW Special Olympics Regatta at Grahamstown on March 13 & 14. Attendance at this event is to be confirmed
 - Meet all costs of travel, accommodation, participation fees and entry fees

SOV Sailing Team Personnel & Contacts

- The SOV Sailing Team Manager & Assistant Coach is Alison Weatherly
Email: aliweath@hotmail.com Mobile: 0407 838 456
- The Coach for the SOV Sailing Team is Morgan Staley
Email: mstaley@tpg.com.au Mobile: 0433 738 186
- The SOV Sports Manager is Moira Ryde
Email: moira.r@bigpond.com Telephone : 9700 7795 Mobile: 0438 779 716
- The SOV Team Manager is Charles Kennedy
Email: cakoznh@yahoo.com Mobile: 0431 914 778
- For enquiries regarding the National Games and for general family information, contact the Special Olympics Victoria Offices
Email: info@specialolympicsvic.org.au Telephone: 9275 6922

Yacht Club Contacts

- Albert Park – The Boatshed: Rod Austin
Email: RAustin@yachtingvictoria.com.au / Tel: 9686 2571 / Mob:0430 052 182
- Blairgowrie Yacht Squadron: Brian Jones
Email: abjones@pac.com.au / Tel: 5985 7465
- Docklands Yacht Club: David Staley
Email: dycsail@tpg.com.au / Tel: 9557 6592 / Mob: 0428 514 058
- Latrobe Valley Yacht Club: Bruce James
Email: bslliam@dcsi.net.au / Tel: 5633 2331 / 0427 559 499
- Mornington Yacht Club: Mick Daddo
Email: mdaddo3@bigpond.com / Tel: 5974 3245 / 0419 879 004
- Royal Geelong Yacht Club: Murray Mitchelhill
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