

SPECIAL OLYMPICS

SOUTHERN REGION

July 2009

AQUATICS



It was good to be able to welcome 2 of our swimming volunteers, Marie Jones and Michael Henderson on to the committee.

Welcome yo all who have taken up positions (or returned) to keep our Region running for the next 12 months.

The National Games will be the highlight, but there will be many other chances for athletes to enjoy good competition, fundraising and social events.

PLEASE NOTE : Our swimming will go back to the three training groups. Several swimmers in our water skills group have made great progress. Well done to all in that group.

July 12th & 26th

August 9th & 23rd

September 6th & 20th

October 4th & 18th

November 1st, 15th & 29th

November 28th is our Region Break up. Please keep this date free.

Where – Don Tatnell Pool, Warren Rd Parkdale.

Times 9.30am – 10.15am	Group 1	Fast Lap
10.15am – 11.00am	Group 2	Medium
11.00am – 11.45am	Group 3	Water Skills

Helen Hough 9798 1231

UNIFORMS

Every athlete should have a Southern Polo top and tracksuit. Polo tops are available from Peta Williams, they cost \$20.00. **We also have supporter t shirts in stock cost is \$10.00 each.**

We now have a supply of Basketball Training tops in stock, \$16.00 each, contact Peta. We also have Southern Basketball shorts available for \$40.00, see Barbara Turner for these.

Track suits are available from Helen Hough 9798 1231

Barbara Turner 0413 236 724 Peta Williams 9772 4424

BASKETBALL



We have had a couple of weeks off due to Regional Games, Queens Birthday weekend and the Community Centre Management needing the centre. Our last training on 21st June, we had great numbers attend.

Do not forget Barwon Regional Games on 26th July. Please let Peta Williams know if you are attending. This is a compulsory games for all basketball players in the training squad. This will be the final selection for National Games teams.

All the best at training, and the Regional Games. Many thanks to all the athletes who assist at training. Ian Curry will look after training sessions and Barwon Regional Games. I will be away for all of July.

NOTICE TO ALL PARENTS ---Any requests for funding for National Games MUST come through the Region. Contact Peta Williams for an official signed letter.

Training Dates for 2009 are –

July 5th & 19th

July 26th Barwon Regional Games

August 2nd & 16th

September 13th & 27th

October 11th & 25th

November 8th & 22nd

November 28th Regional Break up. Please keep this date free.

Where – Mordialloc Community Centre, Warren Rd. Parkdale.

Time – 9.30am – 11.00am

11.00am – 12.30pm

Alan Burke 9546 5503



SOFTBALL

We had 16 athletes attend training, all enthusiastic and keen. Our future training dates and venues are listed below. Please note them and arrive 15 minutes before 10.00am to set up for training.

Training dates for 2009.

June 28th at **Glen Eira / Moorabbin Softball Association Ground. East Boundary Rd Moorabbin. Mel. Ref. 68 K12.**

July 12th at Mordialloc

July 26th at **Glen Eira / Moorabbin Softball Association**

August 9th at Mordialloc

August 23rd at **Glen Eira / Moorabbin Softball Association**

September 20th at **Glen Eira / Moorabbin Softball Association**

October 18th at **Glen Eira / Moorabbin Softball Association**

November 1st at Mordialloc

November 15th Regional Games at Glen Eira / Moorabbin Softball Association.

November 28th Region Break up. Please keep this date free.

Time – 10.00am – 11.30am

Where – Mordialloc Community Centre, Warren Rd. Parkdale. (unless notified differently)

Looking forward to seeing you all there.

Barbara Turner 0413 236 724, Linda Bennett 9773 3975

TENNIS



Unfortunately, Frances has had to resign as Tennis Coach due to heavy work and family commitments. We thank Frances very much for getting tennis started and hope all works out for her in the future.

We are hoping Lynette will, with the help of Mentone Tennis Club continue on with the good work and train you the athletes. We will keep you informed. In the mean time..... A few of our athletes have been attending training at Nunawading Tennis Club, Silver Ave. Nunawading. Quentin Berlatier, Coach for Inner East has training sessions each Saturday afternoon (except School holidays) 1.00pm – 2.00pm for the cost of \$5.00.

Lynette Atkins-Brandeggen



TEN PIN BOWLING

11 athletes will be attending the Northern Regional Games. Good Luck and Good Bowling to you all.

Outer East Regional Games are on Saturday 15th August.

Where : Knox Bowling Centre.

Time : 9.00am sharp. Registration 8.15am.

Cost : \$20.00 for 3 games.

If you wish to enter these games, ENTRIES CLOSE 17TH JULY, so PLEASE let me know before this date so you can be entered.

Please remember Bowling is now \$12.00 each training.

Training Dates for 2009 are –

July 5th & 19th **The 5th July is the day for Southern/Westernport Regional Games, at Mentone Bowl. Cost is \$20.00 which covers 2 games and lunch. 9.30am Registration, practice at 9.45am. Please wear your Southern Region uniform**

August 2nd **The 2nd August, Northern Regional Games, Greensborough Bowl Grimshaw St Bundoora. Melways 20 B1. 9.30am Registration 9.45am practice.**

August 15th **Outer East Regional Games, Knox tenpin Bowl.**

August 16th

August 30th **Fun Day at Bowling- for all athletes, parents, carers and friends.**

September 13th & 27th

October 3rd & 4th State Winter Games, Albury/Wodonga.

October 11th & 25th

November 8th & 22nd

November 28th is the Region Break up, so please keep this day free.

Where – Mentone Bowl, Nepean Highway, Mentone

Time – 10.00am – 11.45am

Janelle Barwick 9703 2496

FUNDRAISING



Our dinner at Birches Restaurant was a great success, nice food and good service. We raised \$ 672.30. A good start to our fundraising for Nationals. Thank you to the athletes, families and friends who supported this fundraising night.

Future Fundraising events are-

July **Chocolates for sale, these will be available early July.**

Sunday 30th August is the Fun Day Bowling day.

Cost \$20.00 2 games and lunch.

Please let your sports managers know if you will be attending.

Fathers Day Raffle

Sunday 6th September Bunnings sausage sizzle at Frankston.

Sunday 27th September Walkathon/Bar-B-Que at Chelsea Park.

Sunday 29th November Casino/Victoria Market Trip.

Full details will be in later newsletters.

Please come along with friends and family to support all our athletes.

If you have any ideas for fundraising events this year, please let Janelle or Helen know.

Janelle Barwick 9703 2496 Helen Hough 9798 1231

Your Committee for 2009 – 2010.

Chairman	Alan Burke	9546 5503
Vice Chair	Moira Ryde	9700 7795
Secretary	Peta Williams	9772 4424
Registrar	Barbara Turner	9773 8696
Treasurer	Greg Champion	9578 1085
Delegate to State	Marika Siannos	9878 0756
Parents rep. Committee	Michael Henderson	9786 3242
Athletes reps.	Marie Jones	9795 4862
	Andrew Williams	9772 4424
	Cameron Turner	9773 8696
	Steven White	9585 8058
	Karren Hanson	0450 496 895
	James Somerville	9808 1661
	Mark Hutton	9705 8876
	Peter Forsythe	9816 4370
	Martin Bankier	0439 107 473
	Fundraising	Janelle Barwick
Helen Hough		9798 1231
Sports managers		
Aquatics	Helen Hough	9798 1231
Basketball	Alan Burke	9546 5503
Softball	Peta Williams	9772 4424
Tennis	Lynette Atkins Brandeggen	9580 6707
Tenpin Bowling	Janelle Barwick	9703 2496

Please note –

There are several try out days for various sports coming up. If you are interested please ring Peta on 9772 4424 for information and she will send them to you.

Sailing - Sunday 12th July 11am – 4pm Cost \$10.00 at Docklands Yacht Club, Shed 2, North Wharfe Rd Docklands (mel ref 2E B6)

Soccer – Saturday 11th July 9.30am registration. Games and Skills kick off at 10.00am – 1.00pm. Waratah Reserve, Doveton Ave. Eumemmering (mel ref. 91 B9)

If you are interested, Please let Peta Williams know before 6th July.

ATHLETE'S PAGE

The Athletes Sub Committee Meeting will be held on Sunday August 2nd at Mordialloc at 12.30pm.

Any athlete still interested in taking the Governance training course, there will be another one in October 2009.

Most athletes have had an ID card provided by SOA. Your athlete representatives voted that the Region hold these to hand out at Regional Games etc as some athletes may lose them.

To the athletes that forgot to return them after the basketball Regional Games, could you please bring them to the next training. **James Caplygin, Michael Baines, and Mathew Cutting.**

Congratulations to all athletes that have been selected for the National Games next year. You are reminded that you need to attend as many fundraising events as possible over the next 10 months as well as training sessions.

If you are intending to approach various companies etc for funding, we have been given an official criteria which must be abided by. Please contact Peta Williams for an official letter for you to present to your prospective sponsor.

The new website for Special Olympics Victoria has been actioned on this address – www.specialolympicsvic.org.au

BIRTHDAYS



July 12 th Andrew Williams	20 th Matthew Bennett & Lawrence Giang
22 nd Peter Foersythe	24 th Troy Ferguson 28 th Marie Brandeggen
August 4 th Scott Barwick	8 th Steven & Paul White 9 th Con Kelly

ATHLETE'S PROFILE

Cameron Fraser aged 19 years . Lives in St Albans he attended Narranga School. The sports he has been involved in with Special Olympics are Athletics and Basketball. He attended the Junior National Games in Tasmania in both of those sports representing Victoria and in Queensland playing basketball. His other interests outside Special Olympics are Football, umpiring, and long distance running. His favorite football team is Carlton and player was Lance Whitnall (obviously our records need updating).

Could you all put your payments in an envelope with your name, amount and what it is for please. Makes life easier when we get home to sort it out.

Training tops for Basketball are now available, they will cost \$16.00 if you would like one. Let Peta know at the next training please.

State Winter Games at Wodonga in October

**All Reservations have been made. You will have received your payment information by now, second payments are now overdue with 3rd payments due on the 19th July. If you have not received a letter please let Barbara Turner know 0413 236 724
Barbara Turner**

**Happy Birthday to our Volunteers,
Jane Lobo and Liz Wilks in August**

**Welcome to our new members to Special Olympics –
Philip Mahoney and Tysons Palmer.
Enjoy your training and meeting new friends.**